



Vietnamese American Buddhist Association
MAHĀSATIPATTHĀNA MEDITATION CENTER

Đại Niệm Xứ Thiền Viện

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Invitation to **VU LAN CEREMONY 2026** *(Parents Appreciation Day)*

July 20th, 2026

Dear our devotees and friends:

Every year around the Full Moon Day of August, Vu Lan Ceremony is celebrated for the devotees to express their appreciations and gratitudes to their parents. This is an auspicious occasion for ones to perform and share merits to their parents. It is also a wonderful opportunity for the younger generations to remember to pay homage to the Triple Gem and their ancestors.

We are pleased to announce this year's Vu Lan Ceremony (and the 10-Days Fall Vipassana Meditation Retreat) at the Mahāsatiṭṭhāna Meditation Center will be taken place as followed:

VU LAN CEREMONY *(Sunday morning August 30th)*

- 8:00 - 9:00am: - Gathering of guests
- 9:10am: - Offering flowers to Triple Gem/ Pali chanting/ Taking 5 Precepts
- Dhamma talk: the Meaning of Vu Lan Ceremony
- Short 5-minute meditation
- 10:00am: - Offering of requisites to the Sanghas
- The Sanghas chant blessings
- Sharings of merits
- 10:30am: - The Sanghas go alms
- Devotees and guests take lunch
- 1:00 pm: - Completion

10-DAYS FALL MEDITATION RETREAT *(Sunday evening August 30th, to Wednesday noon September 9th)*

Yogis can inquire more about the retreat and register through our website. Temporary novitiations for novices and nuns during this retreat are also available for registration. For further information please send email to: dainiemxutv@gmail.com.

May you and your family members be well, happy, and peaceful during this Vu Lan Season.

NAMO TASSA BHAGAVATO ARAHATO SAMMĀ-SAMBUDDHASSA

With Metta,
On Behalves of the Organizers